

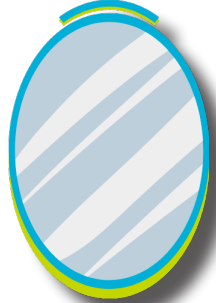


Towel bars for the whole house: \$150 (15min/day for 10 days)

Studies show 15-30 minutes of daily reading helps support current and future brain health. Reading at least 15 minutes/day helps reduce the risk of Alzheimers by 2.5%.



Faucet: \$200 (20min/day for 10 days)



Mirror: \$50 (20min/day for 3 days equals 1 standard bathroom mirror)

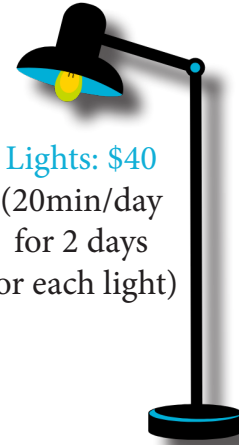


Light fixtures for entire house: \$600 (30min/day for 20 days) A household averages 15 light fixtures.

Every minute counts.



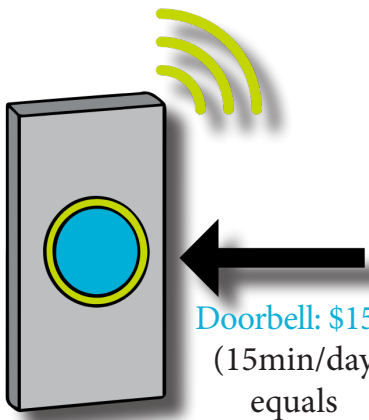
Greater Springfield Habitat for Humanity® READ-A-THON [habitatspringfield.org/one-for-the-books](http://habitatspringfield.org/one-for-the-books)



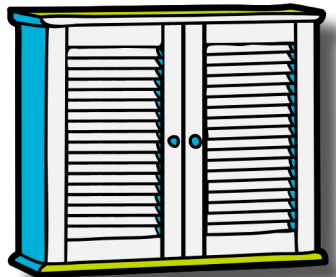
Lights: \$40 (20min/day for 2 days for each light)



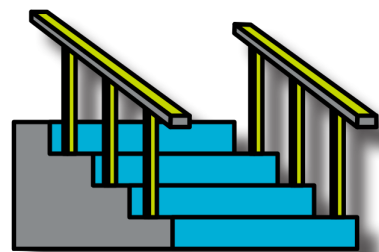
Smoke detector: \$40 each (20min/day for 14 days supplies enough smoke detectors for 1 house)



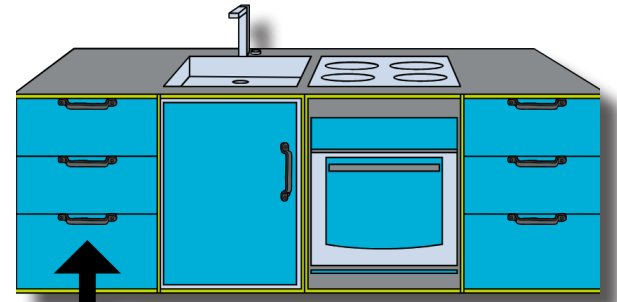
Doorbell: \$150 (15min/day equals 1 doorbell)



Medicine cabinet: \$50 (20min/day for 3 days equals 1 standard medicine cabinet)



Railings: \$6/foot (20min/day for 4 days equals 1 standard length stair railing)



Drawer knobs: \$100-\$150 (15min/day for 10 days is enough drawers to open in 1 kitchen)